

How can I get more information?

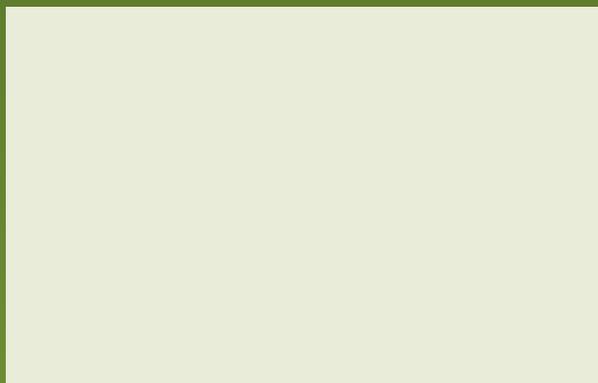
If you would like more information please contact:

Le Chéile Mentoring Project

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Parents Guide to Mentoring



Le Chéile works to achieve a number of aims:

1. To provide a Mentoring Service to children and parents engaged with Young Person's Probation nationally
2. To provide a Mentoring Service which promotes positive change and aims to improve the decision making and overall well-being of our service users
3. To recruit and train teams of volunteer Mentors to act in the role of supportive adult, role model, advisor and friend
4. To ensure that every person who volunteers as a Mentor with Le Chéile is supported, valued and recognised in their role
5. To compliment the role of Young Person's Probation in addressing offending behaviour in line with legislative requirements under the Mentor (Family Support) Order

What is Le Chéile?

Le Chéile is a Mentoring Project which is funded by the Probation Service, we work with 12-18 year olds who are under the supervision of a Probation Officer.

What is a Mentor?

A Mentor is a member of the community who gives their time on a voluntary (unpaid) basis to Le Chéile. Mentors are aged over 20 years of age and will be able to offer your young person some support and general guidance, they will also be a role model and friend to your young person.

Mentors undergo a thorough recruitment procedure, including individual interview, garda



check, reference check, Identification check and all Mentors are required to attend an intensive training course.

Mentors are chosen primarily because of their ability to listen, their understanding of the needs of young people, their ability to work with young people, their motivation and positivity.

What does Mentoring Involve?

Your young person will be asked to meet with their Mentor for about 3 hours a week to engage in various structured and planned activities. For the initial 6-8 weeks of the relationship, they will engage in fun activities designed to help the young person and Mentor build a relationship, activities include bowling, go karting, playing pool etc.

After this initial period, the Mentor and young person will set some longer term goals such as working on literacy skills, getting an apprenticeship etc. Mentoring can last from 6 months to 2 years.

Why does my young person need a Mentor?

Young people can be given a Mentor for lots of reasons such as helping them with their literacy skills, helping them to try new positive activities etc. A Mentor will help your young person set achievable goals and support them in achieving them. A Mentor will help a young person to get involved in new activities. Mentors always listen to young people, they don't judge and they can offer some advice if the young person wants it.

What will it cost?

Nothing! All activities and costs are paid for by Le Chéile and funded through the Probation Service.